



**CALISTHENICS, A SAFE, HEALTHY  
AND EASY SPORT FOR EVERYONE**



**Co-funded by  
the European Union**

**EUCE | European Calisthenics Fair 2023**

**25-02-2023 & 26-02-2023**

**Survey Evaluation report**



# Contents

I. Introduction:	3
II. Objective:	3
III. Methodologies:	4
IV. DATA ANALYSIS & COMPILATION:	4
V. General description of the target groups and respondent:	5
VI. Athletes:	6
A. Designation of respondents who attended the sports activity:	6
B. Event Feedback:	6
C. Meeting Expectations: Did the event meet your expectation?	6
D. How did you find the registration process? What do you suggest improving it?	7
E. What did you think about the structure of the competition and the timing of the event?	7
F. Where can we improve for next time to make the sport better?	8
G. Satisfaction with service	9
H. How did you find (Refereeing and the award ceremony)?	9
I. How did you find the rules (Streetlifting, strength endurance and freestyle?)	10
J. What did you dislike in the event?	10
K. Overview of Athlete’s feedback:	11
VII. Evaluation of Fan’s feedback:	13
A. How did you like the event, did the event meet your expectation and how you recommend the event?	13
B. Why you attended the event:	14
C. Where can we improve:	14
D. Satisfaction with Services	15
E. What did you did not like/Less like about the event?	15
F. Will you be willing to pay for this event in the future?	16
G. How long are you willing to travel to attend the EUCE days (as a local citizen)?	16
H. How was your knowledge of Calisthenics and what have you learned about it after the event?	16
I. Overview of Fan’s Feedback:	17
VIII. Exhibitors:	18
A. How did you like the Event?	18
B. Did the event meet your expectations?	18
C. How did you find the registration process? What do you suggest to improve it?	18
D. What did you think about the structure of the competition?	19

E.	How did you consider the timing of the event? .....	19
F.	Where can we improve for next time to make the sport better? .....	19
G.	Satisfaction of respondents on service provided .....	19
H.	What did you not/less like? .....	20
I.	Overview of Exhibitor’s feedback:: .....	21
IX.	Findings: .....	21
A.	Athletes: .....	21
B.	Fans: .....	22
C.	Exhibitors.....	22
X.	Recommendation:.....	23

## I. Introduction:

This evaluation report aims to provide an assessment and analysis of the two-day European Calisthenics Fair organized by EUCE, a European sport project co-funded by the Erasmus+ programme of the European Union. The event took place in Amsterdam on 25th and 26th February 2023, and it gathered a total of 3420 visitors on Saturday 25th Feb 2023 and 1489 on 26th Feb 2023. The participants and visitors came from various backgrounds, including street workout and street lifting athletes, people with disabilities, youth, and professionals in the fitness industry.

The primary objective of the event was to promote holistic development through education, inclusion, inspiration, and participation. It aimed to provide a platform for individuals to engage in healthy activities and enhance their overall well-being. The program encompassed a range of activities, including callisthenic workshops, master classes, presentations by renowned speakers, exhibitions by organizations, exhibitors, calisthenics freestyle performances, strength endurance challenges, the EUSF European championships, and an entertaining show featuring well-known athletes.

The event sought to foster a sense of community, encouraged skill development, and showcased the capabilities of participants from different backgrounds. By offering a diverse range of activities, EUCE aimed to cater to the unique needs and interests of each participant group, promoting inclusivity and ensuring that everyone could actively engage and benefit from the program.

Through this evaluation report, we will assess the success and impact of the EUCE event in achieving its objectives. We will analyse various aspects of the program, including participant feedback, and level of participation based on the assessment forms filled by the participants. The findings from this evaluation will provide valuable insights for future event planning, highlighting areas of success and areas that may require improvement.

By evaluating the two-day sport event organized by EUCE, we aim to gain a comprehensive understanding of the event's outcomes and its contribution to the well-being and development of the participants.

## II. Objective:

The objective of the EUCE European Calisthenics Fair 2023 was to promote and introduce the sport of Calisthenics and its Street workout communities to a wider audience. This two-day bodyweight sports and health event was meant to create an immersive and interactive experience for the public, providing them with opportunities to actively engage in the world of Calisthenics.

One of the primary objectives was to offer engaging workshops that allow participants to learn and experience various aspects of Calisthenics. These workshops covered fundamental movements, advanced techniques, proper form and technique, training methodologies, and other related topics. By providing hands-on learning experiences, the objective was to inspire and empower individuals to embrace Calisthenics as a form of exercise and fitness.

Additionally, the event aimed to showcase spectacular shows and competitions that highlight the skills, strength, and creativity of the Calisthenics community. These performances included breath taking freestyle routines, impressive strength demonstrations, and choreographed group displays. The objective was to captivate the audience, generate excitement, and demonstrate the range of possibilities within Calisthenics.

Furthermore, the event created a platform for people to connect and interact with some of the most inspiring individuals in the Calisthenics world. This included renowned athletes, trainers, coaches, and influencers who have made significant contributions to the sport. Through meet-and-greet sessions, panel discussions, and Q&A sessions, participants had the opportunity to gain insights, ask questions, and be inspired by these role models.

Overall, the objective of the EUCE European Calisthenics Fair 2023 was to raise awareness about Calisthenics as a sport, encourage active participation, and foster a sense of community and inspiration among participants. By providing a diverse range of activities, workshops, shows, and interactions, the event ignited a passion for Calisthenics and promote its physical, mental, and social benefits.

### III. Methodologies:

The evaluation methodology involved the design and implementation of a feedback tool using Google Forms to assess the impact of the two-day sport activities held in Amsterdam.

After the completion of the two-day sports activity, participants were requested to fill out the Google Form survey. The survey was designed to capture their perceptions, experiences, and overall assessment of the event. It included a series of questions related to different aspects of the activities, such as organization, quality of workshops, participant engagement, inclusivity, and overall satisfaction.

The methodology involved the use of a Google Form survey tool. We emailed the link to all visitors that was followed by the application of descriptive statistics to analyse the gathered data. This approach allowed for a systematic and quantitative assessment of the impact of the two-day sports activities in Amsterdam, providing valuable insights for further evaluation and improvement.

### IV. DATA ANALYSIS & COMPILATION:

The analysis of the data involved a comprehensive approach combining statistical methods and qualitative analysis techniques to extract valuable insights and provide actionable recommendations. Descriptive statistical techniques and models were utilized to summarize and quantify the significance of relationships among variables, while qualitative analysis techniques were applied to identify underlying themes and trends within the data.

The findings of our analysis have been presented in a concise and easily understandable format within this report. To enhance clarity and comprehension, we have included visually appealing tables, charts, and graphs to aid in data visualization and reader accessibility.

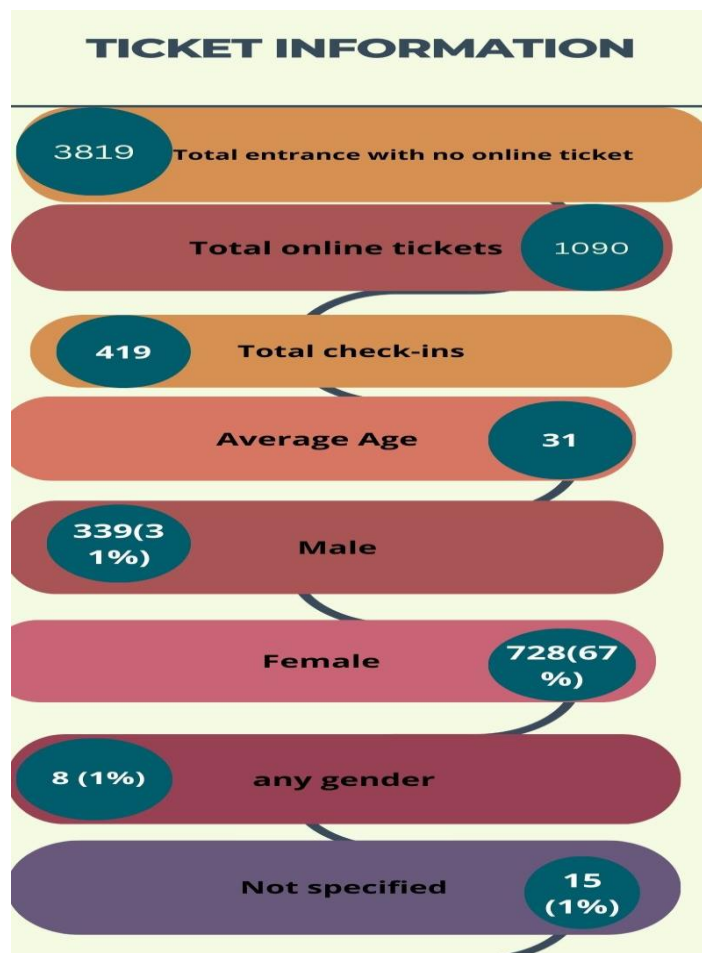
The recommendations put forth in this report are derived from the insights gained through our data analysis. The forms were analysed based on three categories Athletes, fans, and exhibitors.



## v. General description of the target groups and respondent:

- On the first day of the event, a total of 3420 participants joined, while 1489 visitors attended on the second day.
- The event also had 19 European organizations and countries present representing 145 athletes, 60 referees and 140 coaches
- The total number of athlete entries was 357, and 3 disciplines had been put in practice: Streetlifting / Strength Endurance and Freestyle categorized by age / gender / weight and ability.
- There were 63 workshops held, 13 master classes, with 11 guest speakers in attendance and there were 38 exhibitors present.
- Based on the questionnaire responses we have analysed their feedback, and made the EUCE | European Calisthenics Fair evaluation report.

Workshops	Speakers	Athletes	Referee	Master classes	Total Entries		Total athletes	Exhibitors	Total entrance with No online ticket	Total online Tickets	Total Coaches	Total European countries
					Male	Female						
63	11	145	60	13	271	86	145	38	3819	1090	140	19



## VI. Athletes:

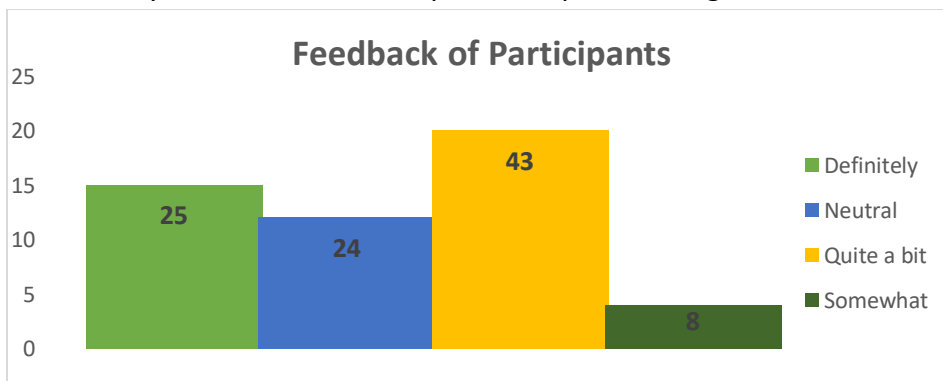
### A. Designation of respondents who attended the sports activity:

Designation
Athlete
Coach/trainer
Member of a team member
Staff
Fans/Visitors
Exhibitors

### B. Event Feedback.

How did you like the event? Participants had several views on the likeability of the event.

- A significant majority of the visitors, around 43%, expressed a high level of enjoyment for the event.
- Approximately 25% of the visitors definitively stated their liking for the event.
- Around 24% of the visitors had a neutral response, indicating a moderate level of liking.
- Only 8% of the visitors expressed a partial liking for the event.



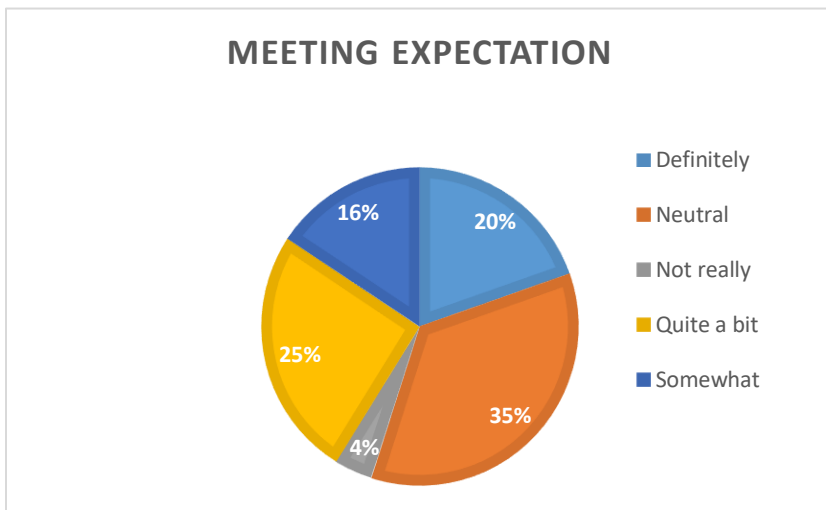
### C. Meeting Expectations: Did the event meet your expectation?

In the question, we asked the visitors to what extent their expectations were met by this event. (35%) of respondents provided a neutral response.

A significant portion, (25%) expressed that the event exceeded their expectations to a considerable degree.

Around (20%) of participants definitively stated that their expectations were fully met by the event.

Approximately (16%) mentioned that their expectations were partially met. A small percentage, (4%), believed that the event did not meet their expectations.



#### D. How did you find the registration process? What do you suggest improving it?

When asked about their experience with the registration process, participants provided varied responses. The responses can be categorized into three groups: positive, negative, and those who did not answer the question with (N/A). Here is a breakdown of the findings:

##### Positive Feedback:

- Approximately (37%) of respondents found the registration process convenient, good, and organized.
- One participant mentioned that it was perfect and appreciated the ability to complete everything online before the competition.

##### Negative Feedback:

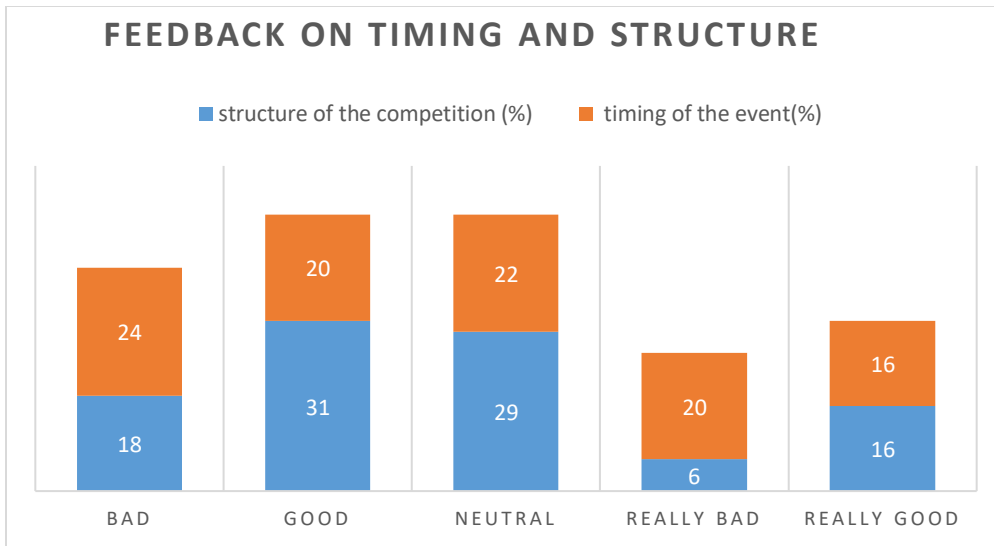
Around (33%) of participants expressed negative views about the registration process. While a significant portion, approximately (29 %,) did not provide a specific response to the question about the registration process. Following suggestions were provided by the respondents.

#### E. What did you think about the structure of the competition and the timing of the event?

When asked about the structure of the competition and the timing of the Calisthenics event, athletes generally believed that both the structure of the competition and the timing of the event were favourable. For the structure of the competition, 31% expressed a positive opinion, 29% remained neutral, 18% held negative views, 16% considered it to be exceptionally good, and only 6% found it to be extremely unsatisfactory.

Regarding the timing of the event, 24% had negative perceptions, 22% were neutral, 20% regarded it as good, 20% deemed it as bad, and 16% considered it good.





### F. Where can we improve for next time to make the sport better?

Upon analysing the suggestions provided by the athletes for improving the program in the future, several key areas for improvement emerged. Out of the total suggestions received, (31%) emphasized the need to train the judges to ensure fairness in the competition. This suggestion highlights the importance of addressing any potential biases and inconsistencies in the judging process.

Furthermore, (21%) of the athletes suggested enhancing communication and coordination within the program. This recommendation underscores the significance of effective communication among organizers, athletes, and staff members to improve the overall experience and efficiency of the event.

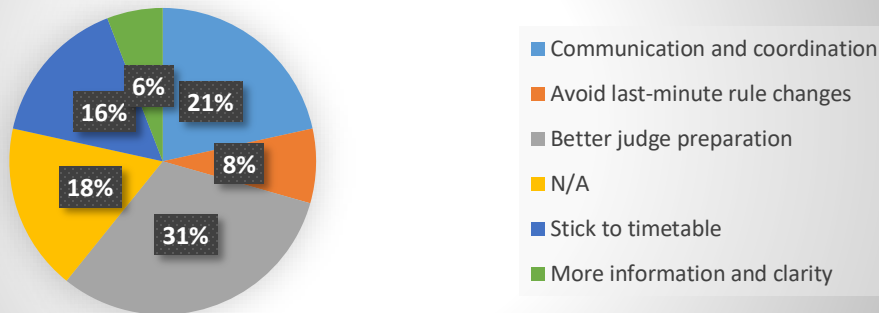
Interestingly, (18%) of the respondents did not provide any specific suggestions, indicating that they were generally satisfied with the program and did not identify any major areas for improvement.

Additionally, (16%) of the athletes highlighted the importance of adhering to the schedule and maintaining timeliness throughout the competition. This suggestion emphasizes the need for proper time management to avoid delays and ensure a smooth flow of events.

Lastly, 6% of the participants suggested providing more detailed information and clear expectations to athletes, coaches, and workshop presenters. This recommendation emphasizes the significance of transparent guidelines and instructions to facilitate better preparation and understanding of the requirements.

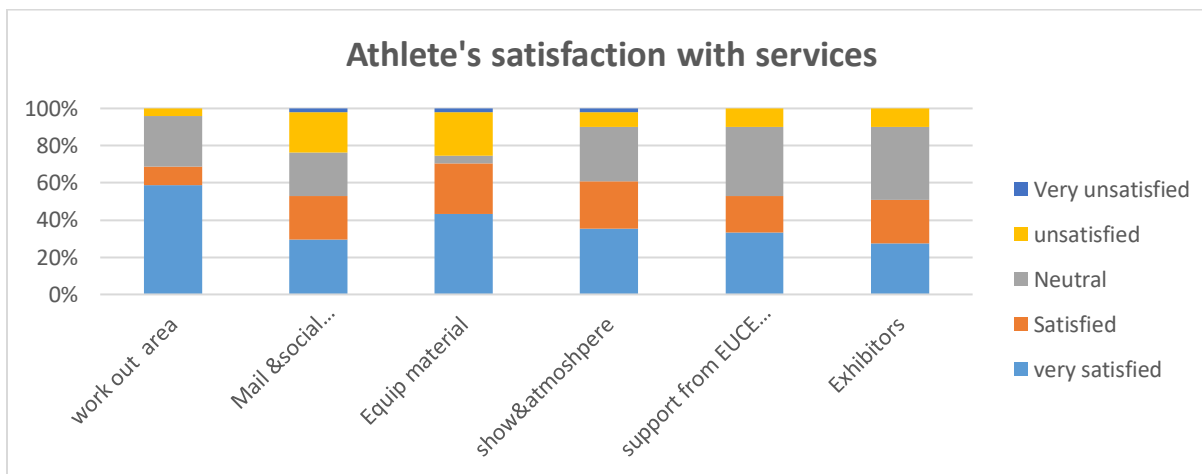
By taking into account these suggestions, organizers can address the key areas for improvement and enhance the overall quality and organization of the program for future events.

## suggestions for improvement



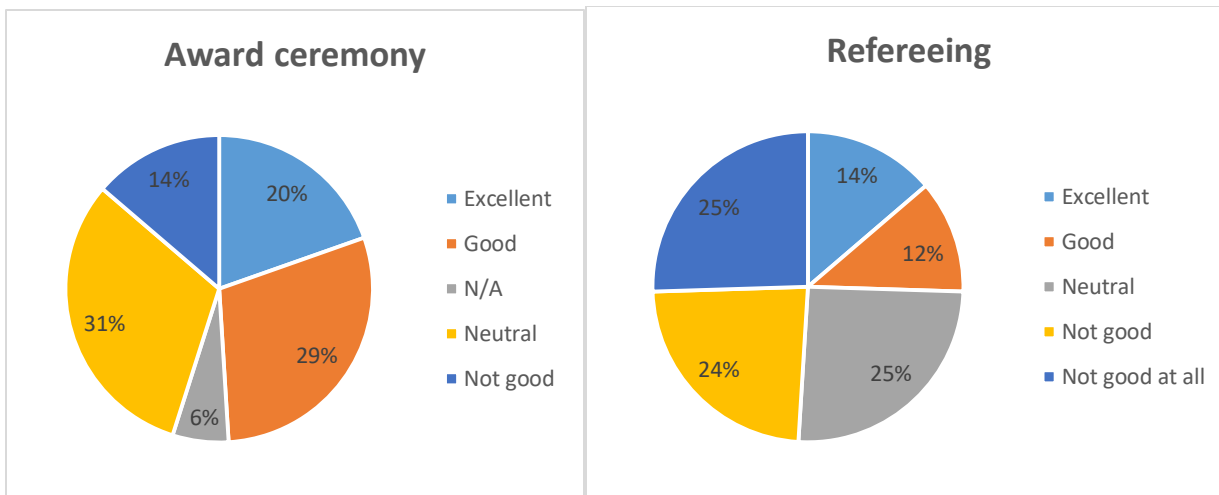
### G. Satisfaction with service

Overall, the athletes expressed contentment with the services offered by EUCE throughout the two-day calisthenics program. According to their feedback, most of them (59%) were particularly pleased with the workout area, while 43% were satisfied with the equipment and materials. Additionally, 35% expressed satisfaction with the atmosphere and show. Regarding mail and communication, 29% reported being content, whereas only 27% were highly satisfied with the exhibitors.



### H. How did you find (Refereeing and the award ceremony)?

Inquiring about the athletes' satisfaction with the refereeing and award ceremony, the results indicate that 31% had a neutral opinion regarding the award ceremony, with 29% considering it to be good. Meanwhile, 20% believed it was excellent, while 14% expressed dissatisfaction. 6% did not respond. As for the refereeing, a majority of 25% believed it was unsatisfactory, while 25% remained neutral. 24% considered it to be not good, 14% deemed it excellent, and only 12% thought it was good.



### I. How did you find the rules (Streetlifting, strength endurance and freestyle?)

As indicated below, most respondents expressed satisfaction with the rules and regulations. Regarding the rules for Streetlifting, 35% remained neutral, while 27% did not provide an answer. Additionally, 18% believed the rules were good, 14% considered them not good, and 6% described them as excellent. When it comes to the rules of strength endurance, 33% expressed dissatisfaction, 25% remained neutral, 18% found them to be good, and 12% considered them excellent. Furthermore, 12% did not respond. For the rules of freestyle, 27% of athletes believed they were good, 27% did not respond, 16% had a neutral opinion, and 12% each described them as excellent and not good.

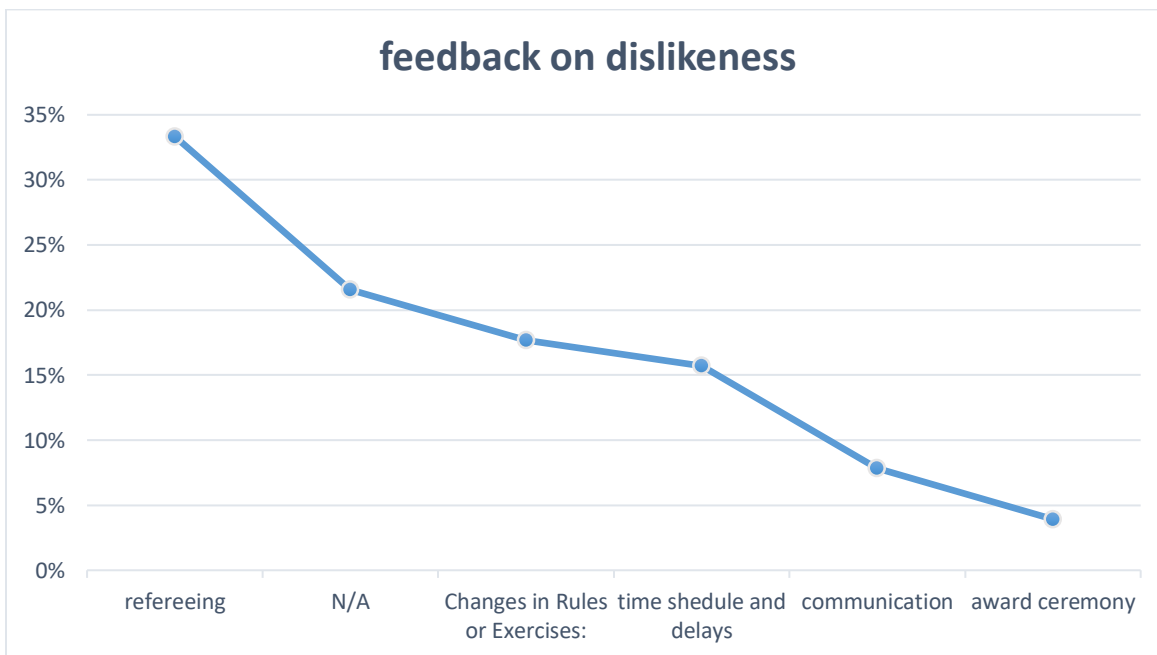


### J. What did you dislike in the event?

Participants showed various dislikes on this question the most frequent dislikes shown by the participants are

- Refereeing: 33% think multiple participants expressed dissatisfaction with the refereeing, highlighting issues such as inconsistency, lack of training, different interpretations of rules, and subjective judgments.

- Changes in Rules or Exercises: 18% mentioned the last-minute changes in rules or exercises, particularly in the strength endurance category. They emphasized the need for consistency and advance notice regarding any modifications.
- Time Schedule and Delays: 16% mentioned unexpected delays and problems with the event's timing and schedule. They expressed concerns about the impact on their preparation and the need for better time management.
- Communication: 8% of respondents expressed a desire for improved communication regarding event details, rules, and schedules. They suggested using email communication, providing thorough briefings, and ensuring all necessary information is directly conveyed to participants.
- Award Ceremony: 4% described the award ceremony as chaotic and expressed disappointment with its organization and execution. They expected more professionalism and structure in the presentation of awards.
- While 22% didn't respond to the question.

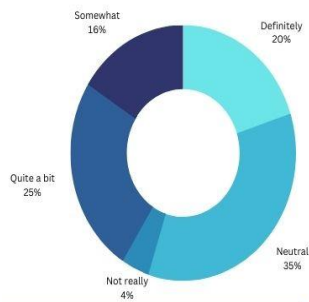
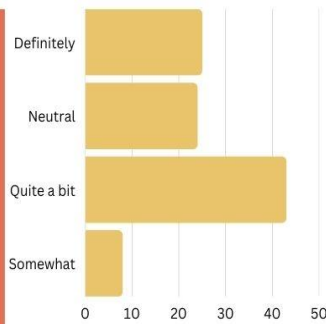


#### K. Overview of Athlete's feedback:

# Athlete's Feedback

## general feedback of participants

43% expressed a high level of enjoyment, 25% of the visitors definitely stated their liking for the event. 24% had a neutral response. 8% expressed a partial liking for the event.

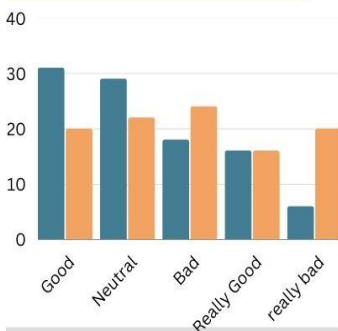


## meeting expectation

(35%) provided a neutral response. 25% expressed that the event exceeded their expectations to a considerable degree. (20%) stated that their expectations were fully met. (16%) mentioned that their expectations were partially met. (4%) believed the event did not meet their expectations.

## registration process

37% respondent found the registration process convenient, good, and organized. (33%) of participants expressed negative views. 29% didn't answer.



## Structure and timing

31% participants believed that the structure of competition was good, while 20% stated that timing was really bad.

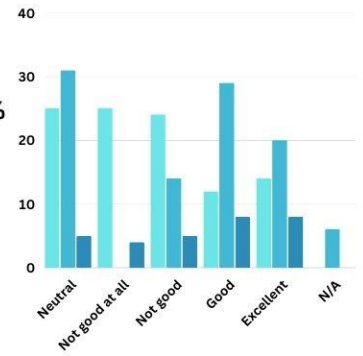
## Improvement requires

- Train the judges to ensure fairness in the competition.
- enhancing communication and coordination.
- Time management.



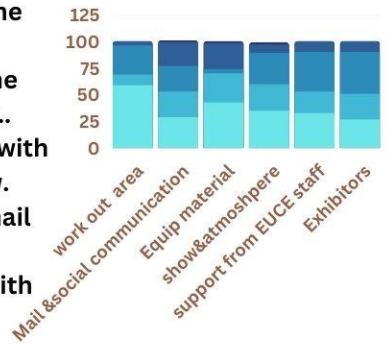
## Referring and Award ceremony:

- award ceremony: 31% had a neutral opinion, 29% (good), 20% (excellent), 14% (dissatisfaction), 6% (did not respond).
- refereeing: 25% (unsatisfactory), 25% (neutral), 24% (not good), 14% (excellent), 12% (good)



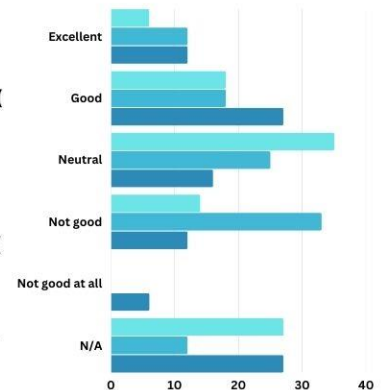
## Satisfaction:

- (59%) were pleased with the workout area,
- 43% were satisfied with the equipment and materials..
- 35% expressed satisfaction with the atmosphere and show.
- 29% highly satisfied with mail and communication.
- 27% were highly satisfied with the exhibitors.



## Rules and Regulation:

- Street lifting, 35% (neutral), 27% (did not provide an answer), 18% (good), 14% (not good), and 6% (excellent).
- strength endurance, 33% (dissatisfaction), 25% (neutral), 18% (good), 12% (excellent). 12% (did not respond).
- freestyle, 27% (good), 27% (did not respond), 16% (neutral), 12% not good. 12% Excellent



## DISLIKENESS

- Referring
- Change in rules or Exercise
- Time schedule and delays
- Communication and coordination
- Award ceremony



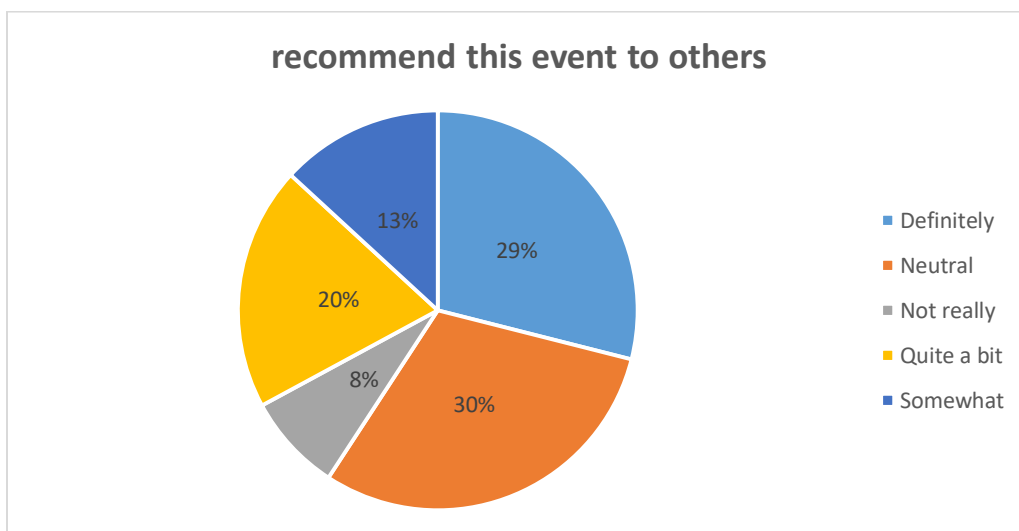
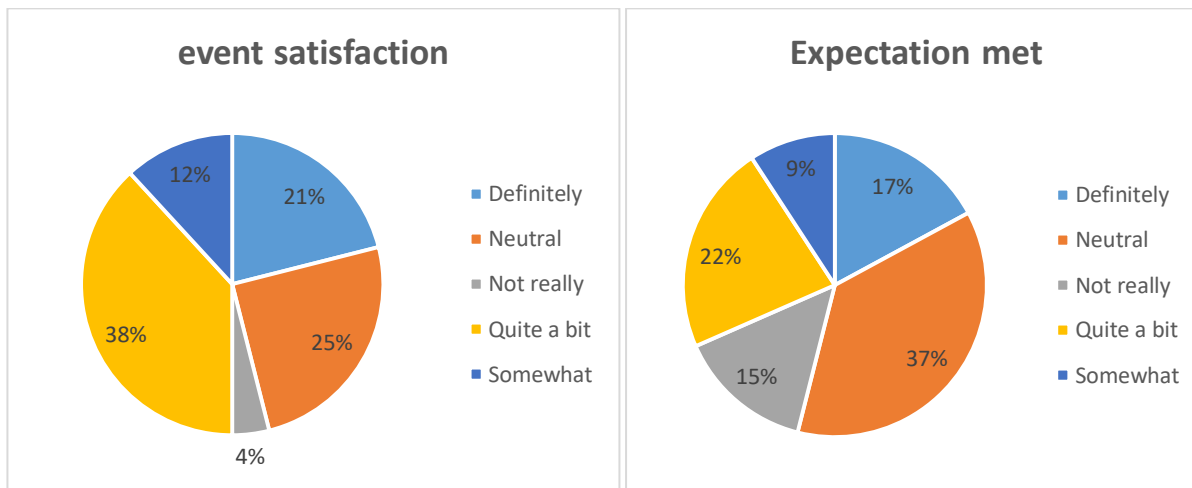
## VII. Evaluation of Fan's feedback:

### A. How did you like the event, did the event meet your expectation and how you recommend the event?

When fans were asked about their opinions regarding their overall likability and expectations of the event, the majority responded positively. Specifically, 38% expressed that the event was quite good, 25% maintained a neutral stance, 21% definitively approved of it, 12% acknowledged their approval to some extent, and only 4% indicated a lack of enthusiasm.

In terms of expectations, 37% of fans remained neutral, 22% stated that it was quite good, 17% expressed definite approval, 15% mentioned not being particularly impressed, and 9% responded with a somewhat positive sentiment.

In terms of recommendation, 30% were neutral, 29% stated definitely, 20% stated quite a bit, 13% expressed somewhat and 8% mentioned not really.

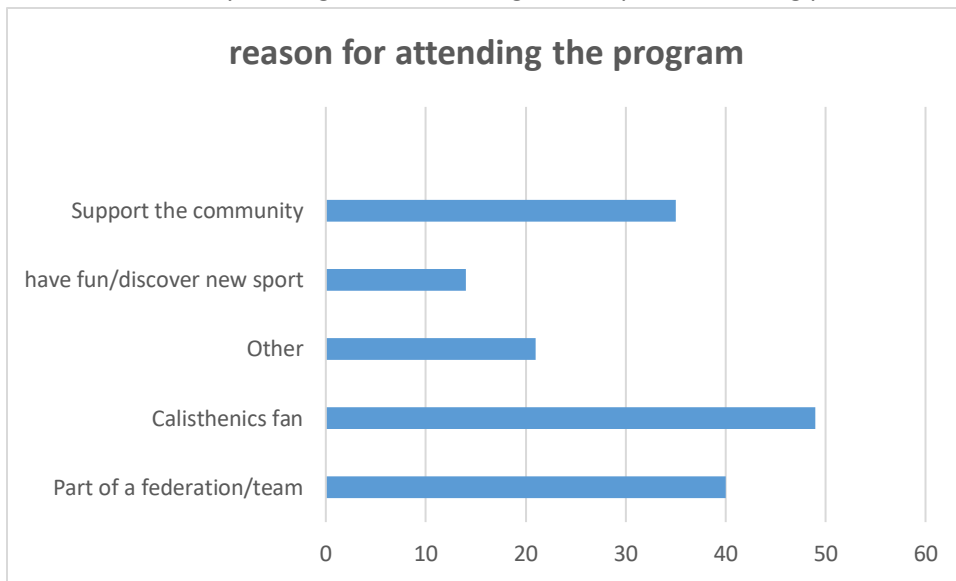




## B. Why you attended the event:

The data shows that respondents have diverse affiliations and interests in calisthenics the 6 most frequent reasons for attending the event are:

- Part of a federation/team: 40%
- Calisthenics fan: 49%
- Other: 21%
- Support a community 35%
- Have fun and discover a new sport 14% Some respondents expressed overlapping interests in supporting the community, having fun/discovering a new sport, and being part of a federation/team.



## C. Where can we improve:

Based on the given qualitative answers on how to improve for next time, here are five frequently mentioned areas for improvement by respondents:

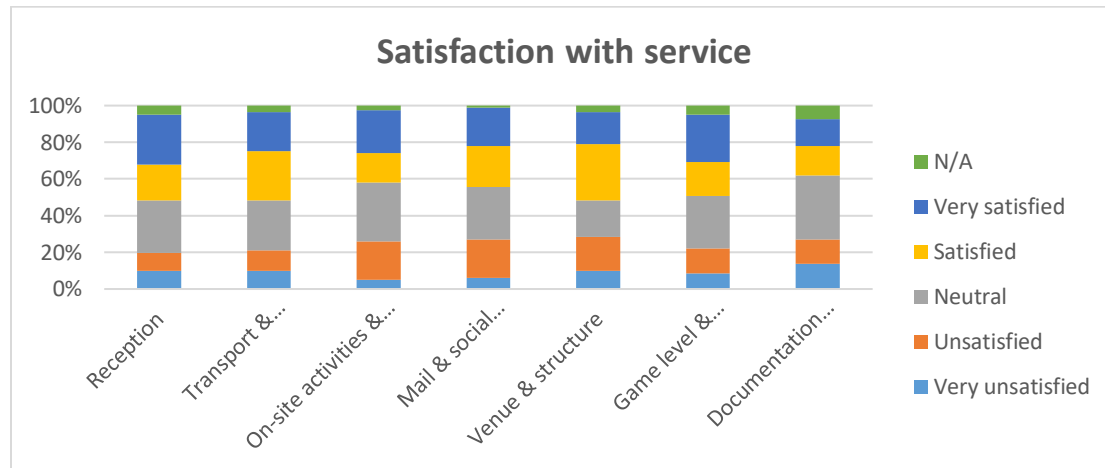
- 1- Time Management: 21% of participants expressed the need for better time management, including sticking to schedules, reducing waiting times between events, and ensuring events start promptly.
- 2- Communication and Information: 14% of participants highlighted the importance of clear and timely communication, including announcing workshops in advance, avoiding last-minute changes to exercises, using scoreboards for better communication, and providing accurate information about flights and dates.
- 3- Referees and Judging: 15% of athletes mentioned the need for more consistent and well-trained referees, ensuring judging criteria are followed, and avoiding favouritism or inconsistent decisions.
- 4- Organization and Logistics: 15% of participants called for overall better organization, including improving the registration process, providing better accommodation and food for athletes, having stalls/stands at events, and addressing issues with event locations and equipment.

- 5- Athlete Respect and Consideration: 10% of athletes emphasized the importance of respecting their preparation and efforts, providing proper conditions (nutrition, sleep, transportation), and ensuring a fair and transparent competition environment.

While approximately 20% did not respond to the question.

#### D. Satisfaction with Services

On Analysing the satisfaction of services 27% were very satisfied with reception, 26% with Game level, 23% with onsite activity and workout area, 21% with transportation, 17% with Venue and structure, while only 15% were highly satisfied with documentation available.



#### E. What did you did not like/Less like about the event?

Upon analysing the answers from respondents, most of the respondents liked the event. One of the fans “Mr Tsvetan Georgiev” mentioned:

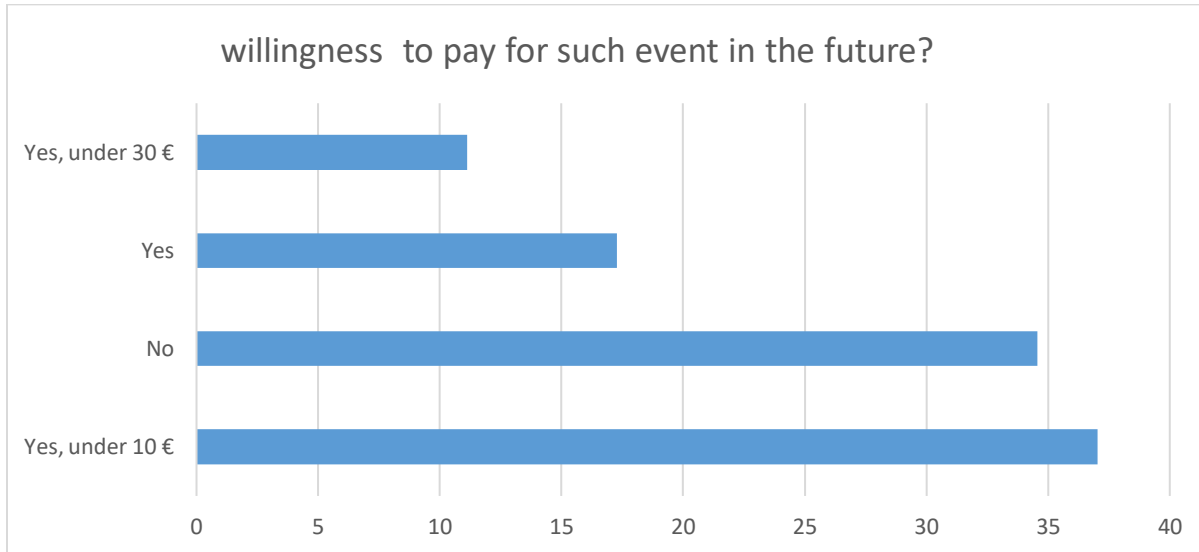
“ Excellent friendly atmosphere I will definitely pay next time to attend such an event”.

However, some dislikes on the bases of the most frequently given answers are:

- Time Management and Delays: (16%) respondents, stated delays in the competition, long waiting times, and unstructured scheduling.
- Judging and Rule Changes: (13%) Highlighted in various comments, focusing on issues with judging criteria, last-minute rule changes, inconsistency in judging standards, and the need for better-trained referees.
- Organization and Communication: ((11% )Emphasized in several responses, indicating a lack of organization, poor communication to athletes about warm-up and event schedules, and a general lack of clear information for visitors
- Facilities and Accommodations: (7% )participants didn’t like uncomfortable beds, noise disturbances, lack of rest areas, and the quality of food options available at the event.
- Lack of Entertainment and Activities: (4% )expressed their disappointment with the limited workshops, lack of entertainment stands, and the overall lack of things to do or see at the event.

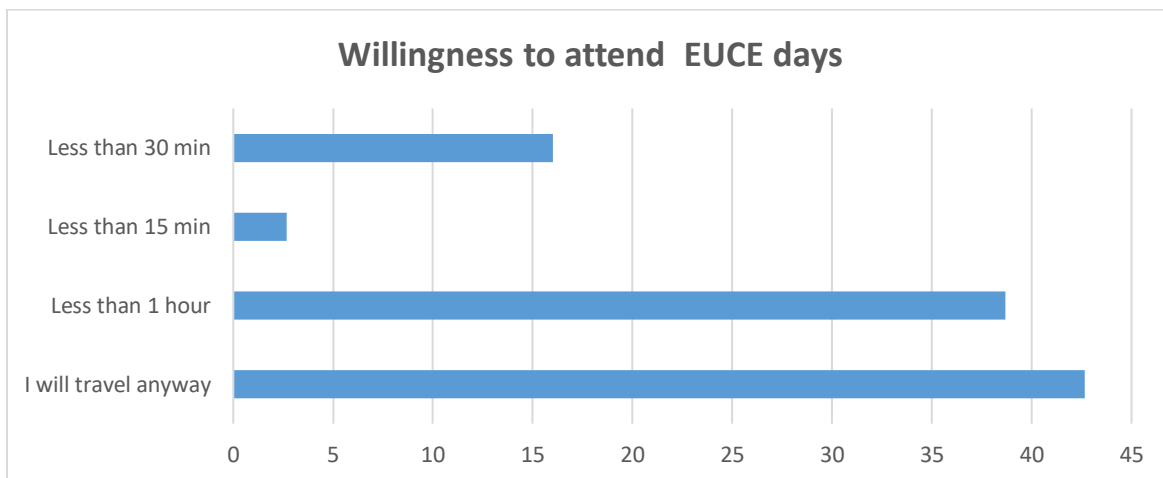
## F. Will you be willing to pay for this event in the future?

In response to the question of whether participants would be willing to pay for a similar event in the future, as shown in below graph: approximately 37% of respondents indicated that they would pay an amount below 10 euros. On the other hand, 28% expressed a lack of willingness to pay for such an event again. Around 17% stated that they would be willing to pay, while only 11% specifically mentioned that they would pay an amount below 30 euros for a similar event in the future.



## G. How long are you willing to travel to attend the EUCE days (as a local citizen)?

In response to the question regarding the distance, participants are willing to travel to attend the EUCE days, 43% indicated that they would travel regardless of the distance. Among the respondents, 39% stated that they would travel for less than one hour, 16% mentioned they would travel for less than 30 minutes, and a small percentage of 3% stated they would travel for less than 15 minutes.



## H. How was your knowledge of Calisthenics and what have you learned about it after the event?

based on the answers of respondents here are the five most frequently mentioned answers regarding participants' knowledge of Calisthenics and what they learned about it after the event, along with their corresponding percentages:

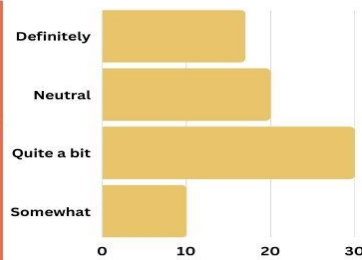
- Already had good knowledge/No new learnings: 31%
- Learned something new: 18%
- Met new people/networking: 10%
- Workshop experience: 8%
- Disappointment with organization/rules: 7%

## I. Overview of Fan's Feedback:

# Fan's Feedback

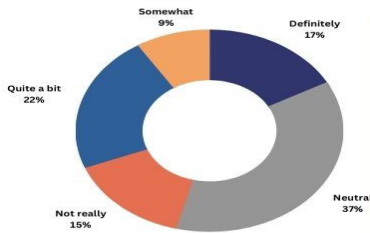
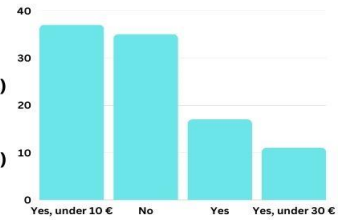
### 1- general feedback of participants

38% expressed that the event was quite good, 25% maintained a neutral stance, 21% definitively approved of it, 12% acknowledged their approval to some extent, and only 4% indicated a lack of enthusiasm



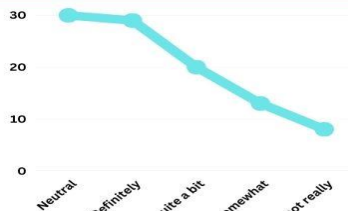
### Willingness to pay in future

- 37%(an amount below 10€)
- 28%(No)
- 17%(Yes)
- 11%(an amount below 30€)



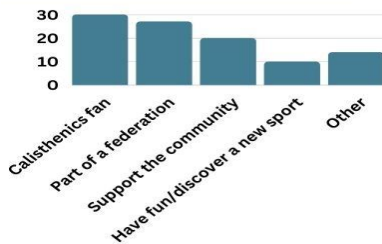
### 2- meeting expectation

37% of fans remained neutral, 22% stated that it was quite good, 17% expressed definite approval, 15% mentioned not being particularly impressed, and 9% responded with a somewhat.



### recommendation

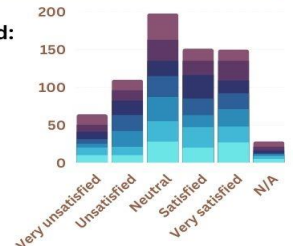
30% were neutral, 29% stated definitely, 20% stated quite a bit, 13% expressed somewhat and 8% mentioned not really.



### Satisfaction:

participants were highly satisfied:

- 27% (reception)
- 21% (transportation)
- 23% (On-site activities & Workout areas)
- 21% (Mail & social communication)
- 17% (Venue & structure)
- 26% (Game level & intensity)
- 15% (Documentation available)

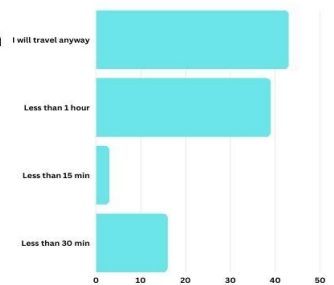


### reason of attending

27% (Part of a federation/team.30% (Calisthenics fan)14% (Other),20%Support a community 10%(Have fun and discover a new sport).

### Willingness to travel for such events in future:

- 43% (travel anyways)
- 39%(less than 1 hour)
- 16%(less than 30 mins)
- 3%(less than 15 mins)



### Improvement requires

- Train the judges to ensure fairness in the competition.
- enhancing communication and coordination.
- Time management.
- Organization and Logistics



### DISLIKENESS

- Referring
- Change in rules or Exercise
- Time schedule and delays
- Communication and coordination
- Facilities and Accommodation



## VIII. Exhibitors

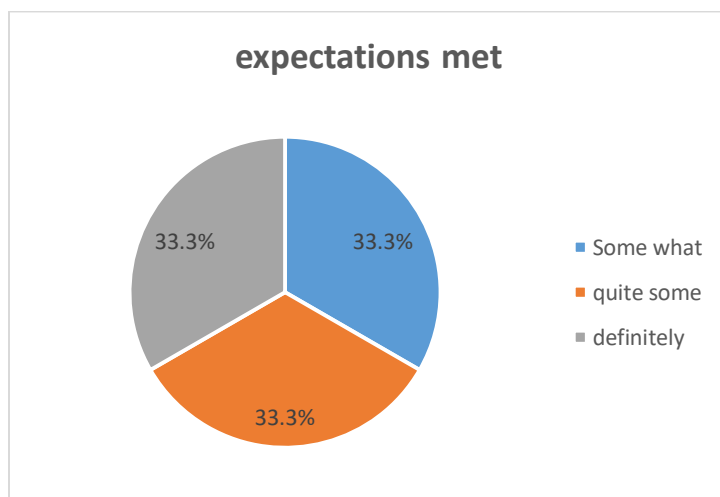
### A. How did you like the Event?

Out of the responses received from the exhibitors (67%) described the event as excellent, while (33%) consider it to be good



### B. Did the event meet your expectations?

Generally, the exhibitors at the event met the expectations to varying degrees. Each response category received an equal percentage of 33.3%. One-third of the respondents felt that the event somewhat met their expectations, another one-third felt it met their expectations to a considerable extent, and the remaining one-third responded with "definitely," indicating that the event fully met their expectations.



### C. How did you find the registration process? What do you suggest to improve it?

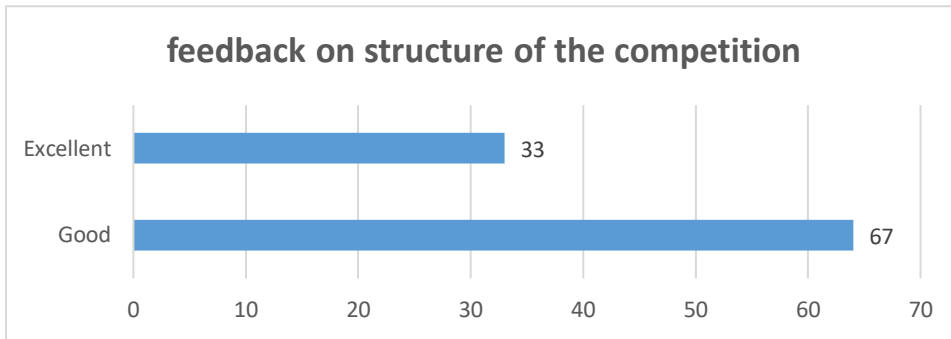
The respondent gave three different answers on how they found the registration process.

- One respondent stated, "It was ok!"
- Another respondent mentioned, "It was quite easy for us."
- Other respondent simply said, "It was good."

Hence it can be concluded that the participants found the registration process satisfactory, with one person stating it was okay, one person finding it quite easy, and one person describing it as good. Further, no suggestions were provided for improvement.

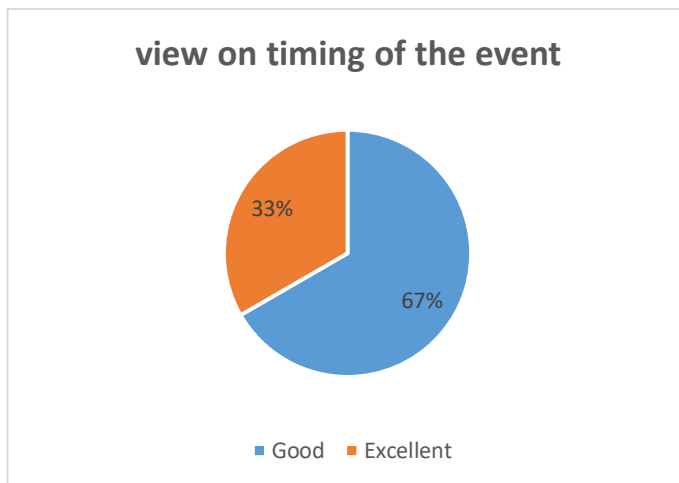
#### D. What did you think about the structure of the competition?

The majority of respondents had a positive view of the competition's structure with 67% considering it was good and 34% finding it excellent.



#### E. How did you consider the timing of the event?

Based on the responses, the exhibitors seemed satisfied with the timing of the event. 67% stated it was good; however, 33% said the timing was excellent.



#### F. Where can we improve for next time to make the sport better?

Two suggestions were received for improvements from the respondents:

- More referees: One respondent mentioned that having more referees could be an improvement for the sport. This suggests that the individual believes increasing the number of referees would help enhance the overall quality and fairness of the sporting event.
- No idea: Another respondent indicated that they had no specific suggestions for improving the sport now.

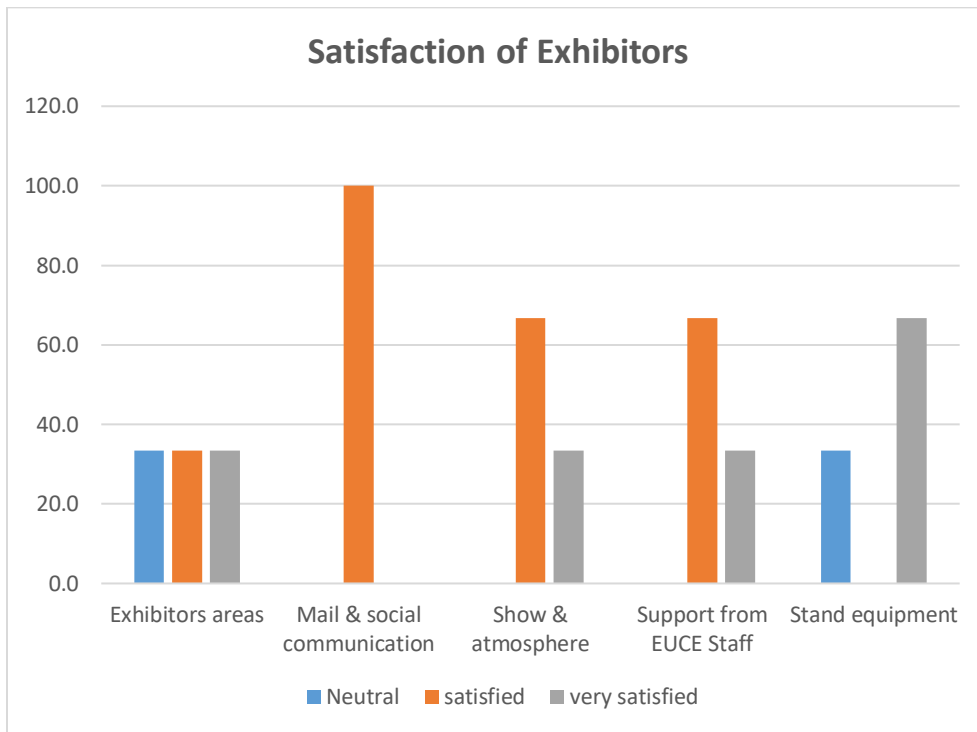
#### G. Satisfaction of respondents on service provided

Most exhibitors were satisfied with the show and atmosphere, as well as the support received from EUCE Staff.

100% of respondents were satisfied regarding mail and social communication.



Stand equipment received positive feedback, with 67% exhibitors being very satisfied and 33% having neutral responses. While the Exhibitor area got neutral as each of the respondents answered (neutral, satisfied and very satisfied).



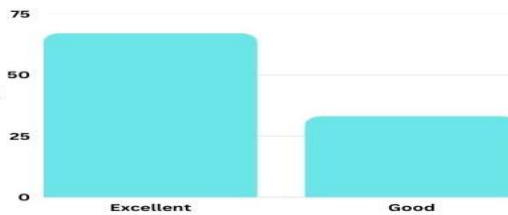
## H. What did you not/less like?

Respondent gave various answers upon asking the question:

- No complaints: This response indicates that the individual has no complaints or issues to address. It suggests that they are satisfied or content with their experience or the current situation.
- "Planning could be a little better": This response suggests that the person has identified an area for improvement related to planning. They feel that there is room for enhancing the efficiency or effectiveness of the planning process, though they do not elaborate on specific details.
- "Results as an exhibitor, B2B, setting up collaborations together is not happening": This response expresses a concern or dissatisfaction with the results of being an exhibitor and the lack of B2B (business-to-business) collaborations. The individual indicates that they expected or desired more successful collaborations or partnerships to be formed, but it appears that such outcomes have not been realized.

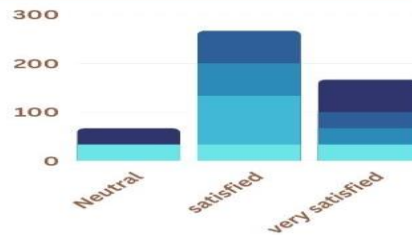
## I. Overview of Exhibitor's feedback::

**Feedback on Event:**  
67% considered it excellent  
while 33% considered it  
good



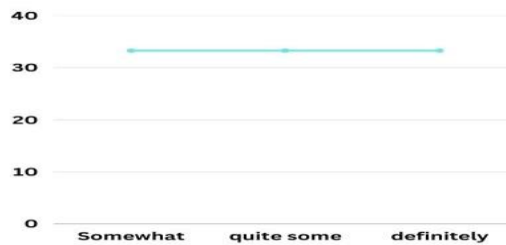
**Satisfaction:**

- 100% satisfied with (Mail & social communication)
- 67% highly satisfied with (Stand equipment)
- 33% neutral with (Exhibitors areas).



**Expectation Met:**

- 33.3% (somewhat)
- 33.3%(quite some)
- 33.3%(definitely)



### DISLIKNESS

- Planning
- Lack of B2B(business to business collaboration)



## IX. Findings:

### A. Athletes:

- Majority of the visitors have enjoyed the two days calisthenics activity.
- Meeting Expectations: A considerable portion of respondents provided neutral responses when asked if the event met their expectations. However, a considerable portion of respondents believed that the event met their expectation.

- High percentage of respondents found the registration Process convenient, good, and organized.
- Majority of respondents believed that the structure of the competition was favorable however suggestions were given to improve the scheduling of activity in the future.
- Based on the suggestions provided, key areas for improvement include training the judges for fairness, enhancing communication and coordination, adhering to the schedule, and maintaining timeliness and providing more detailed information and clear expectations.
- Most athletes expressed satisfaction with the work area while fewer were satisfied with mail and communication.
- Athletes gave neutral opinion regarding the referring and award ceremony. In various places, the respondents recommend enhancing the referring skill and capacity.
- Most respondents expressed satisfaction with the rules.
- The most frequently mentioned dislikes were refereeing (33% of participants), changes in rules or exercises (18%), schedule and delays (16%), communication issues (8%), and the award ceremony (4%). However, 22% did not respond to the question.

## B. Fans:

- Most respondents had a positive opinion of the event, regarding expectations majority expressed their neutrality.
- Respondents had diverse affiliations and interests in attending the calisthenics event majority attended due to being part of a federation/team Areas for Improvement:
- The major mentioned areas for improvement were time management, communication and information, referees and judges, organization and logistics, and athlete respect and consideration.
- Participants highlighted the importance of sticking to schedules, providing clear communication, improving referee training, enhancing overall organization, and ensuring fair competition conditions.
- Respondents expressed their high level of satisfaction with the reception and the game level.
- Documentation availability had the lowest satisfaction.
- The most frequently mentioned dislikes were related to time management and delays, judging and rule changes, organization and communication, facilities and accommodations.
- Majority of respondents showed their willingness to pay an amount below 10 euros to attend such an event in future.
- Majority of the respondents indicated they would travel regardless of the distance to attend the event.
- High percentage of participants already had good knowledge of calisthenics and didn't learn anything new. While some mentioned they learned something new.

## C. Exhibitors

- Most exhibitors described the event as excellent or good, indicating a positive impression of the event.
- Respondents had varying degrees of satisfaction with how the event met their expectations. One-third felt it somewhat met their expectations, another one-third felt it met their expectations considerably, and the remaining one-third responded with "definitely," indicating full satisfaction.
- The registration process was found to be satisfactory by the respondents, with no specific suggestions provided for improvement.
- Most respondents had a positive view of the competition's structure, with a significant percentage considering it good or excellent.

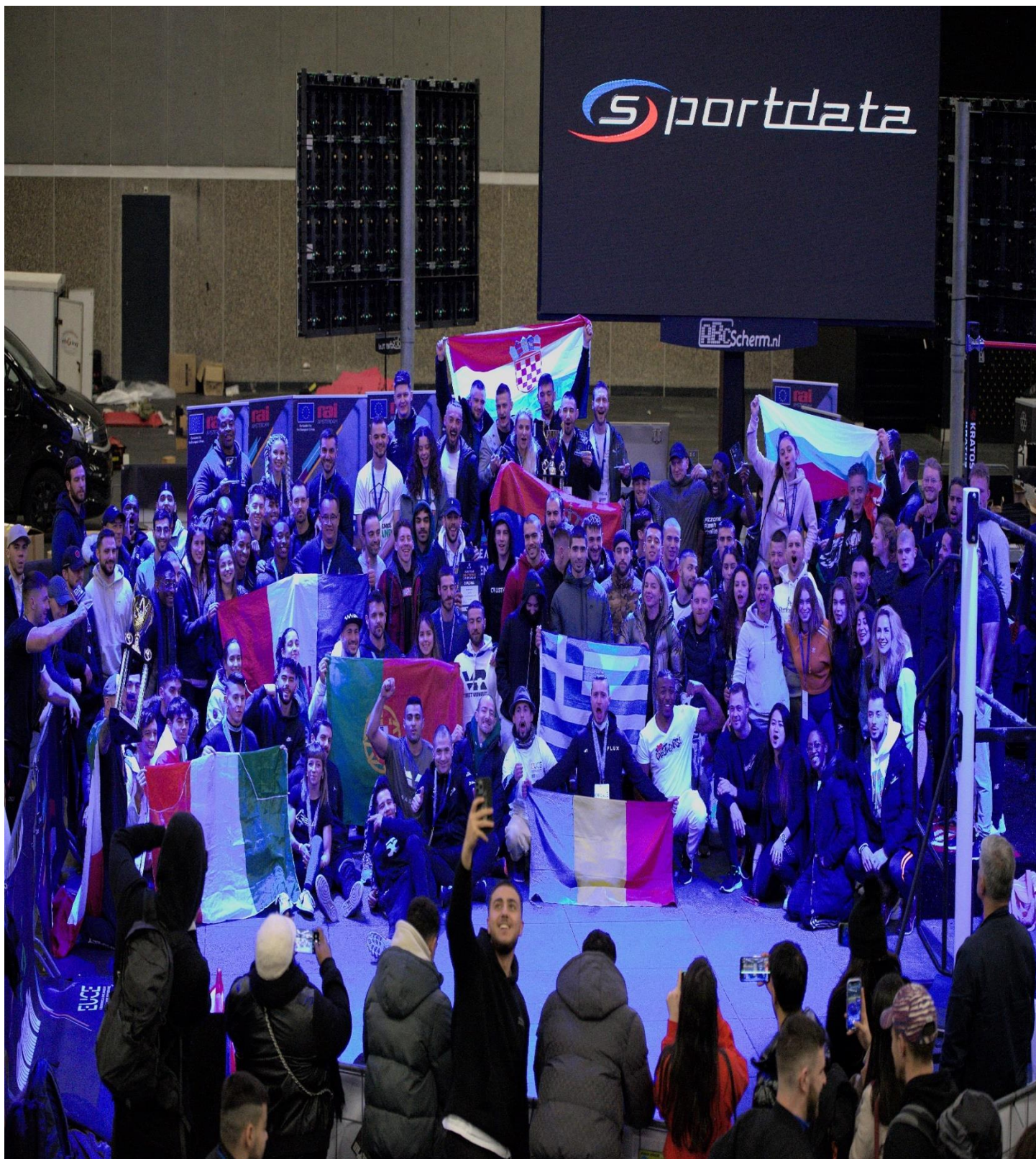
- Exhibitors expressed satisfaction with the timing of the event, with the majority stating it was good and a smaller percentage considering it excellent.
- Two suggestions were given for improving the sport: increasing the number of referees and no specific suggestions were provided by one respondent.
- Exhibitors expressed high levels of satisfaction with the show and atmosphere, support from EUCE staff, mail, and social communication, and stand equipment. However, satisfaction with the exhibitor area received mixed responses.
- Respondents had different views regarding dislikes. Some expressed no complaints, while others mentioned a need for better planning or dissatisfaction with the lack of successful B2B collaborations as an exhibitor.

## X. Recommendation:

Based on the findings there are several recommendations for the organizer:

- Enhance Participant Satisfaction by including diverse and well-planned activities, interactive sessions, and opportunities for participants to showcase their skills.
- Streamline Registration Process: Since a high percentage of respondents found the registration process convenient, good, and organized, organizers should maintain and build upon this positive feedback. However, continuous improvement is necessary to make the process even smoother and more efficient. This can involve utilizing online registration platforms, simplifying forms, and providing clear instructions to participants.
- Organizers should carefully plan the event schedule to ensure a smooth flow of activities and minimize delays. Additionally, enhancing communication and coordination among organizers, athletes, and staff members is crucial to address any issues or changes promptly and effectively.
- Organizers should prioritize providing comprehensive training to judges to ensure consistent and unbiased evaluations. This can include workshops, guidelines, and ongoing support to enhance their skills and ensure a fair competition environment.
- Organizers should provide all information, including event rules, schedules, and requirements, clearly to participants, coaches, and workshop presenters. Transparent guidelines will help participants better prepare and understand the expectations of the event.
- It is important to enhance the professionalism, consistency, and structure of the award ceremony. Additionally, addressing concerns related to the refereeing process, such as consistency, training, and interpretation of rules, can help improve participant satisfaction and confidence in the judging process.
- It is crucial for organizers to consistently monitor participant feedback, adapt to changing needs and expectations, and strive for continuous improvement.
- Maintain the positive aspects highlighted by exhibitors and continue to deliver a well-structured and well-timed event.
- Pay attention to planning processes to improve efficiency and effectiveness.
- Address the concerns regarding the lack of successful B2B collaborations, seeking ways to facilitate and foster meaningful partnerships among exhibitors.





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